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Mobilizing Community Health Workers for screening and follow-up of NCD patients

Partner: TANZANIA DIABETES ASSOCIATION

Country: Tanzania

Website: [Tanzania Diabetes Association – Support needy people living with diabetes \(tdatz.or.tz\)](http://tdatz.or.tz)

Duration: Feb'24 – Mar'26

Activity

Patient Care
HCP Empowerment

Disease area(s) in focus

Diabetes
Cardio

Other stakeholders:

None

Project Overview:

Exploration of the effectiveness of use of CHWs in community follow-up of people with risk factors for Diabetes & Hypertension

Reach Achieved

- 9501 people made aware & screened for Diabetes/CV
- 2364 patients diagnosed (CV)
- 309 patients diagnosed (Diabetes)
- 871 patients linked to care
- 20 trained CHWs

Outcomes Achieved

Communities are more aware of NCD risks, prevention and have access to “early” diagnosis

- 35 community/religious leaders sensitized on prevention and control of NCD
- 6000 health promotion materials distributed to people during screening activities

NCD Services and support are easily accessible to patients

- 6 Health Facilities sensitized on prevention and control of NCD
- >14k household visits conducted by CHWs

Patients have improved knowledge and confidence to self - manage their condition

- All indicators improved vs baseline (controlled BP, glycemia), some of them exceeding initial expectations (alcohol, salt, sugar consumption, physical activity)