



We chase the *miracles* of science to improve people's lives.



Telemedicine service for NCDs

Activity

Patient Care

Disease areas of focus

Cardio & Diabetes

Other Stakerholders

MoH, French Embassy

Partner: C3 Medical

Country: Tajikistan

Website: <https://c3medicalconsulting.com/en/>

Duration: Aug'25-Apr'26

Project Overview

In order to address NCDs challenges, the implementation of a complete and structured telemedicine service is a strategic lever to improve access to care and management of NCDs in Tajikistan aside with capacity building and initial infrastructure set-up.

The initiative relies on a mobile telemedicine kit operated by a trained nurse and deployed across remote villages and primary healthcare centers. Equipped with connected diagnostic tools (ECG, digital stethoscope, otoscope, dermoscope, hand camera, ultrasound, glucometer and point-of-care testing devices), it enables patients to access remote consultations with general practitioners and specialists, including endocrinologists, based at Asht District Clinic, for diagnosis and follow-up care.

The project targets approximately 23,000 inhabitants in five remote communities in Asht District, Sughd Region, with the objective of scaling up nationwide.

Outcomes Expected

NCD Services and support are easily accessible to patients