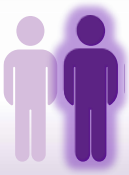
Eye on Diabetes
Empower Vision



fact!



Nearly **1** in **2** people living with diabetes is affected by diabetic retinopathy[1]



About **3** in **10** people with type 2 diabetes already have signs of diabetic retinopathy at the time of diagnosis[1]

DIABETES IS THE LEADING CAUSE OF NEW CASES OF BLINDNESS IN WORKING AGE ADULTS[2]

Diabetic retinopathy occurs when high blood sugar damages the tiny blood vessels in the retina. Over time, these damaged vessels can leak or become blocked, leading to blurred vision and, if left untreated, vision loss.[3]

Stay ahead of diabetic retinopathy



screen

SCHEDULE YOUR ANNUAL DIABETIC EYE EXAM TODAY[4]

Early screening can detect diabetic retinopathy before symptoms appear.



manage

MANAGE YOUR BLOOD SUGAR AND WORK TOWARD YOUR HEALTH TARGETS[4]

*Maintaining **healthy blood sugar levels** and an **A1C below 7%** can help protect your vision.*



protect

PROTECT YOUR EYES WITH HEALTHY HABITS[5]

*Wear **sunglasses**, use **protective eyewear** when needed, and follow the **20-20-20 rule.***

20-20-20 rule

EVERY **20** **MINUTES** **LOOK** **20** **FEET AWAY** **FOR** **20** **SECONDS**

Living with diabetes doesn't have to mean living with vision loss.
Through regular eye screening and good diabetes management, you can take proactive steps to protect your sight and maintain your quality of life. After all, behind every preserved sight is a story of early detection.

Take action today to help protect your vision for tomorrow.

This material is intended for patient education purposes.

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Sanofi Winthrop Industrie
82 avenue Raspail 94250 Gentilly, FRANCE
MAT-GLB-2605401 | Version 1.0 |