



We chase the *miracles* of science to improve people's lives.



Peer-Led Diabetes Empowerment – Parirenyatwa Hospital

Partner: Harare Children's Hospital Trust

Country: Zimbabwe

Website: <https://www.hararechildrenhospitaltrust.org/>

Duration Jan 26 – Jan 27

Activity

Patient care
HCP Empowerment

Disease area in focus

Diabetes

Other Stakeholders

- Sally Mugabe Central Hospital

Project Overview

Community support to address significant gaps in diabetes care for adolescents and young adults in Zimbabwe

Targeted Reach

- Weekly Peer Support Sessions

- 30+ sessions held at Parirenyatwa & Sally Mugabe Children's Hospital
- Mix of group and 1-on-1 support formats

- Community Workshops

- 5 total workshops delivered
- 2 rural outreach events (reaching 10-15 families each)
- 3 urban events (reaching 40-50 families each)

- Peer Supporter Recruitment & Training

- At least 10 new peer educators recruited and onboarded
- Training program completed for all peer supporters

- Participant Enrollment

200 young people living with diabetes enrolled

- 180 participants from Parirenyatwa Hospital and Sally Mugabe Children's Hospital
- 20 participants from other provinces

Outcomes expected

Patients have improved knowledge and confidence to self-manage their condition